

Gender-Responsive Practice and Trauma Informed Skills Training

This training, which will be delivered on behalf of the Women's Justice Blueprint (formerly Female Offending Blueprint) by Welsh Women's Aid has been designed for all practitioners and organisations working with women who are in, or at risk of entering the Criminal Justice System (CJS) in Wales.

The training aims to increase participants' understanding of applying gender-responsive and trauma-informed approaches to working with women who are in or at risk of entering the CJS develop confidence in using trauma-informed skills within practice, be able to engage in reflective practice, and know how to monitor and boost your own resilience.







This one day course will teach you to:

- Identify the potential vulnerabilities posed by women.
- Understand the need for a gender-responsive approach to women and how to apply this to practice.
- Identify the possible trauma responses women may present.
- Identify and have confidence in using various trauma-informed skills with women.
- Identify the importance of promoting a positive self-identity and identify how to promote this within our service users.
- Recognise the importance of staff engaging in supervision and how to engage in reflective practice.
- Understand the importance of maintaining resilience and identify at least three strategies to boost their own resilience.

Please contact <u>training@welshwomensaid.org.uk</u> to book onto one of the upcoming training dates. Course run from 9.30am - 4:00pm.

January



February







