

# Wales Without Violence: A Shared Framework for Preventing Violence among Children and Young People



WALES  
WITHOUT  
VIOLENCE

Wales Without Violence

## A Shared Framework for Preventing Violence among Children and Young People

Uned Atal Trais  
Violence Prevention Unit

PAC



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# How we developed the Framework

Evidence informed...

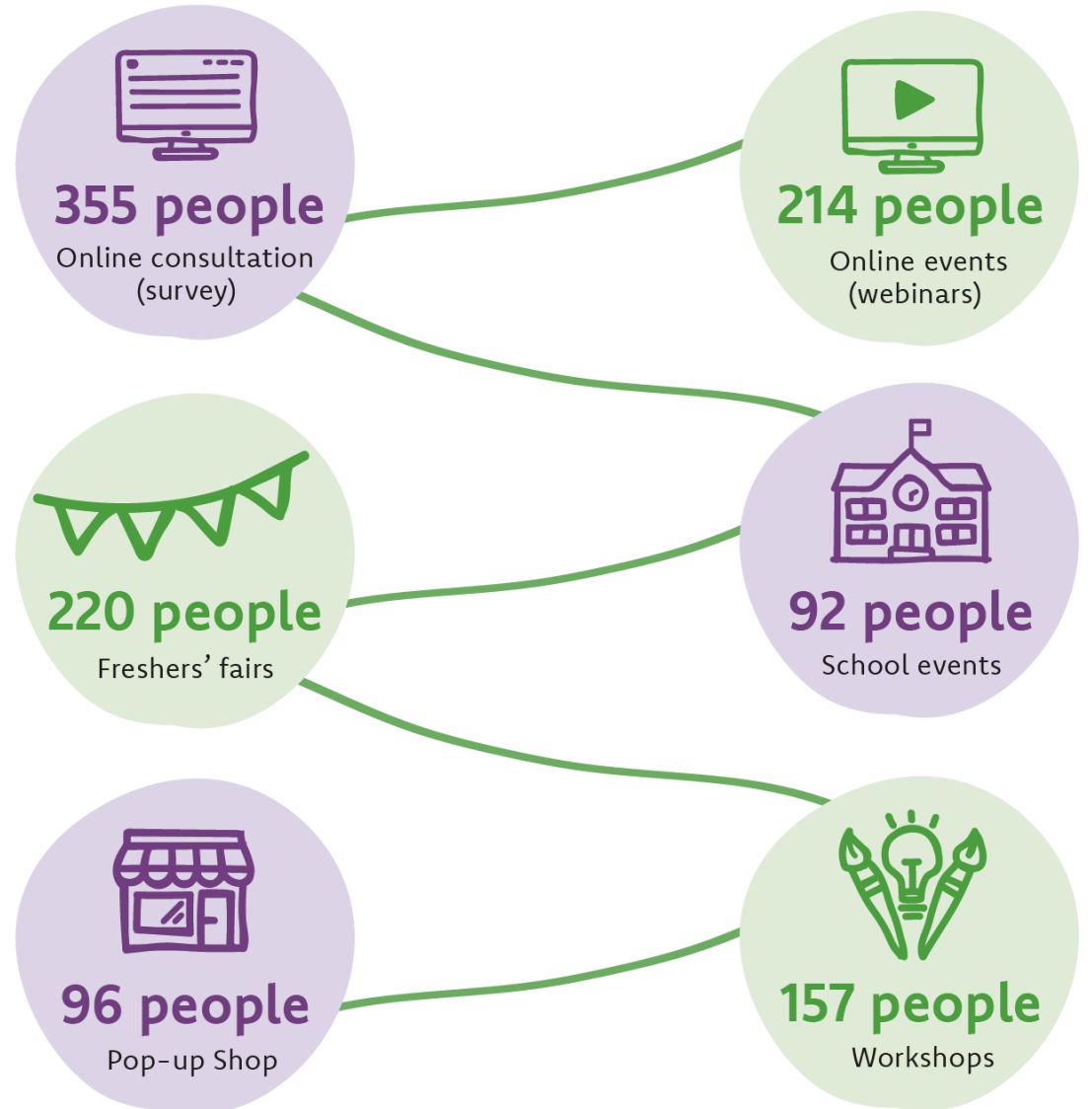


Maxwell and Corliss (2020) **Good practice in youth violence prevention: A mapping and horizon scanning review**, CASCADE, Cardiff University, Cardiff



Addis and Snowdon (2021) **What Works to Prevent Violence against Women, Domestic Abuse and Sexual Violence (VAWDASV)? Systematic Evidence Assessment**, Wales Violence Prevention Unit, Public Health Wales, Cardiff.

...and coproduced:

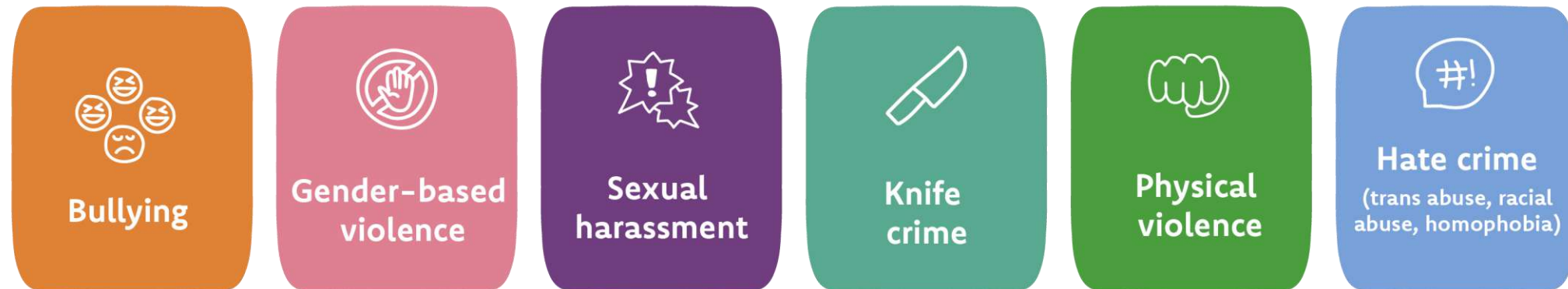


## What we heard from Children and Young People

Through many conversations, interviews and workshops with children and young people alongside the consultation for the Framework itself, we heard we heard how ultimately, children and young people want to feel safe to be themselves.

This demonstrates the need to create an environment where every identity is respected, allowing all children and young people from all backgrounds and communities to feel safe and be able to thrive.

The most common forms of violence children and young people said they were worried about are:



## Why focus on Violence among Children and Young People?



Our co-produced definition:

**“Violence among children and young people is an umbrella term for acts of, or the threat of, violence and abuse between those under the age of 25 . It can be physical, verbal, psychological, sexual or economic. It can occur in the home, education settings, workplace, community or online.”**

1

Children and young people are most at risk of experiencing violence

2

Children and young people are most likely to experience multiple forms of interpersonal violence

3

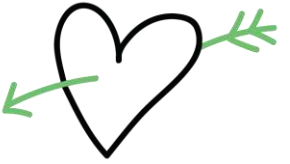
Evidence suggests that prevention approaches are most effective when implemented with children and young people

## What is a public health approach to violence prevention?

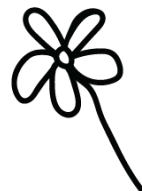
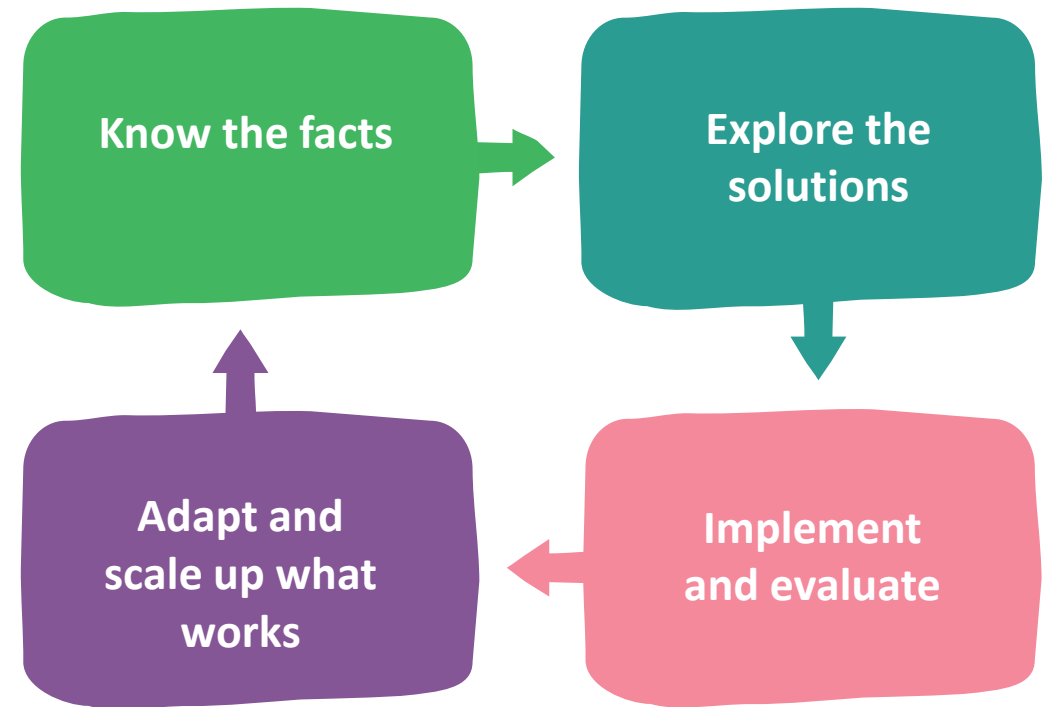
The Wales Without Violence Framework reflects a public health approach to violence prevention.

This way of working uses evidence to take a system-wide approach to promoting health and wellbeing and reducing health inequalities across a population.

The tools and skills used to understand public health problems can complement approaches used by policing and criminal justice partners to prevent violence.



The four stages of a public health approach to violence prevention:



# 9 Principles for Violence Prevention

1

Recognise that violence is preventable

2

Build partnerships for prevention

3

Co-produce the solutions

4

Uphold children's rights

5

Take a trauma-informed approach

6

Use an intersectional lens

7

Integrate multi-agency data into decision-making

8

Take an evidence-based approach

9

Be proactive in involving communities

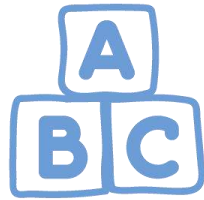




# Violence Prevention Settings



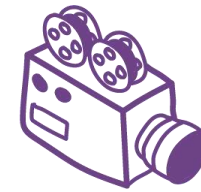
Legal and justice



Early years



Workplaces



Media



Arts



Schools



Public spaces



Health



Transport



City centres and nightlife



Faith-based



Popular culture



Sports and recreation



Colleges and universities

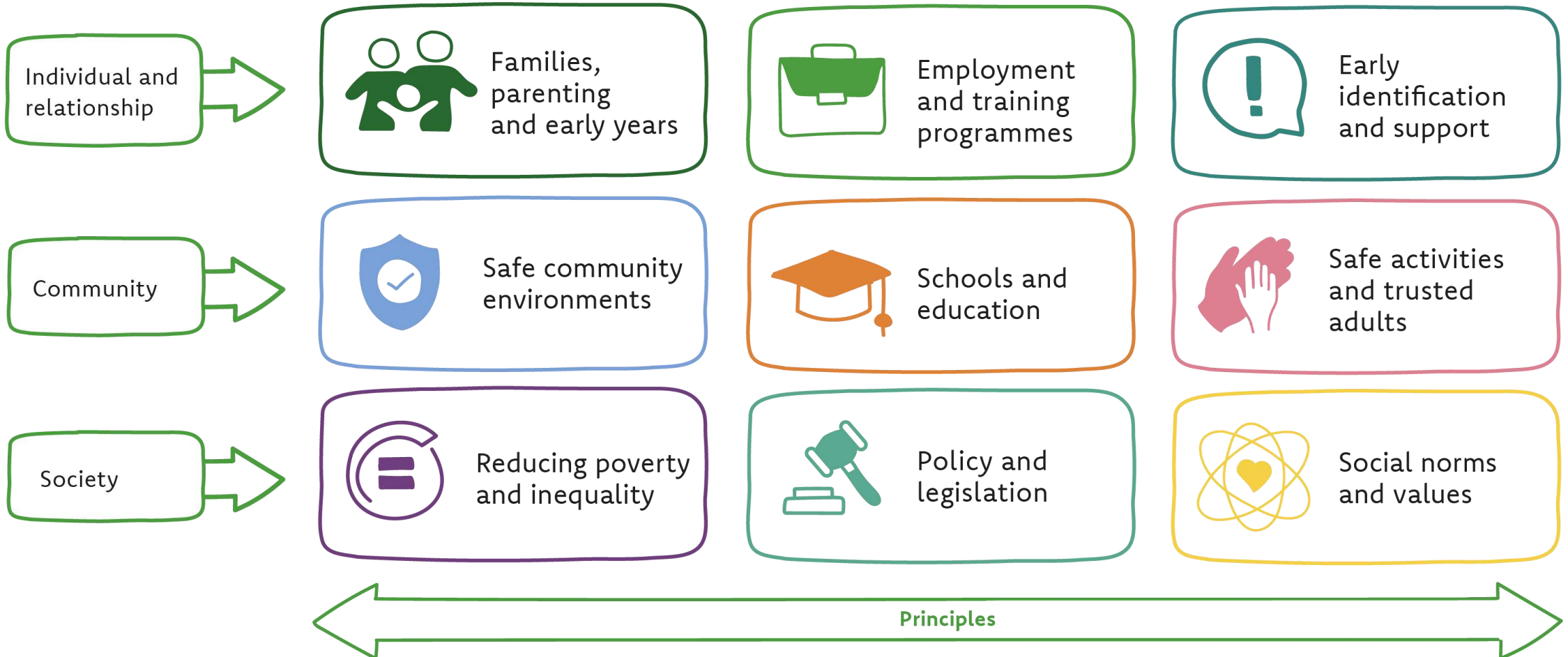
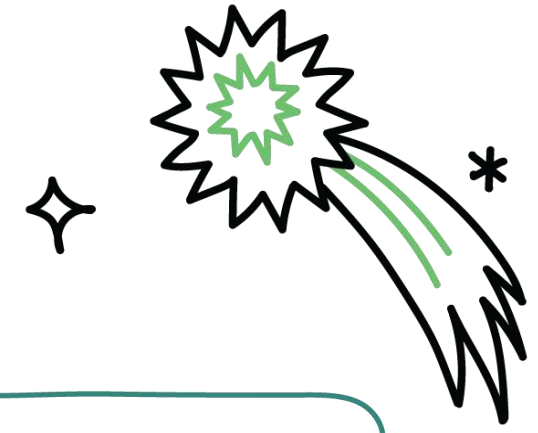


Social and leisure



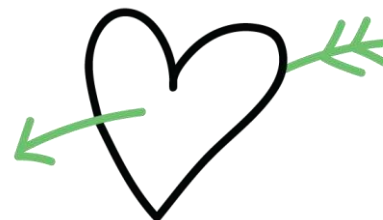
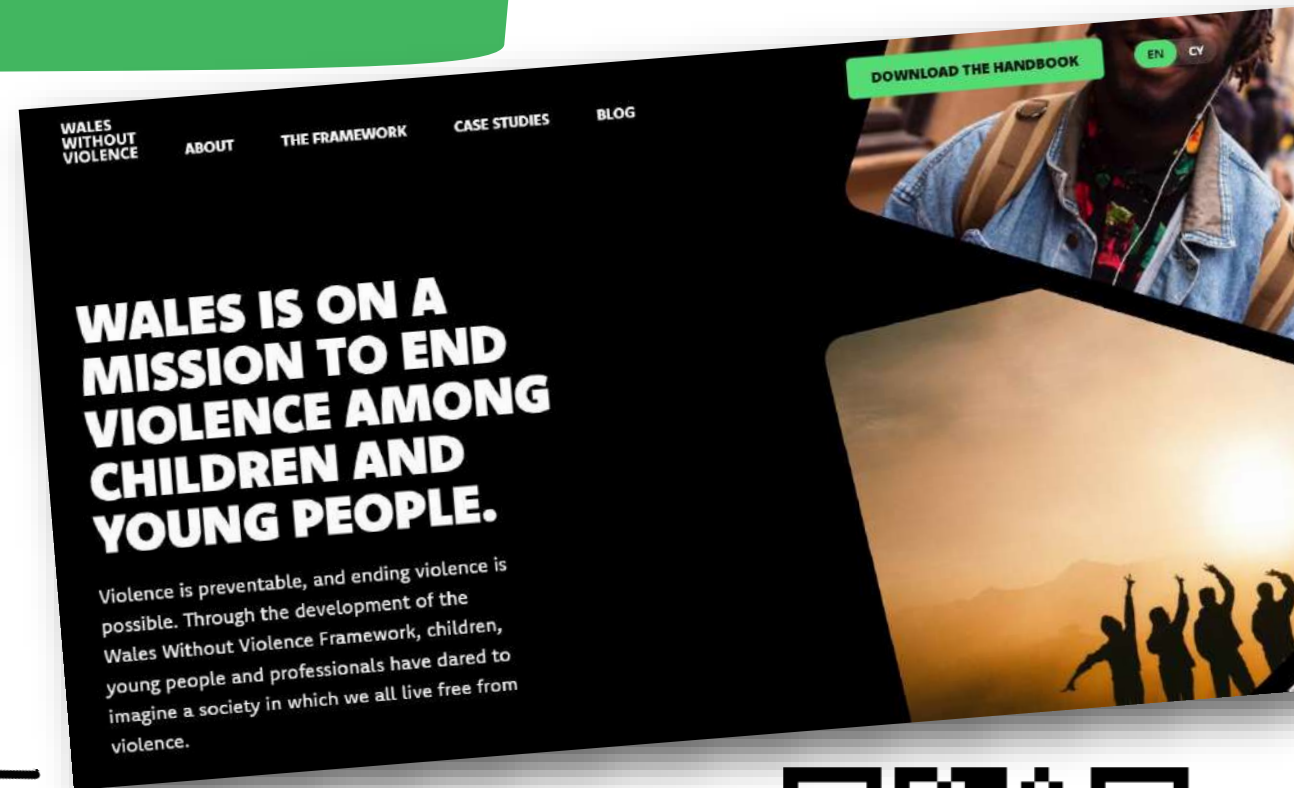
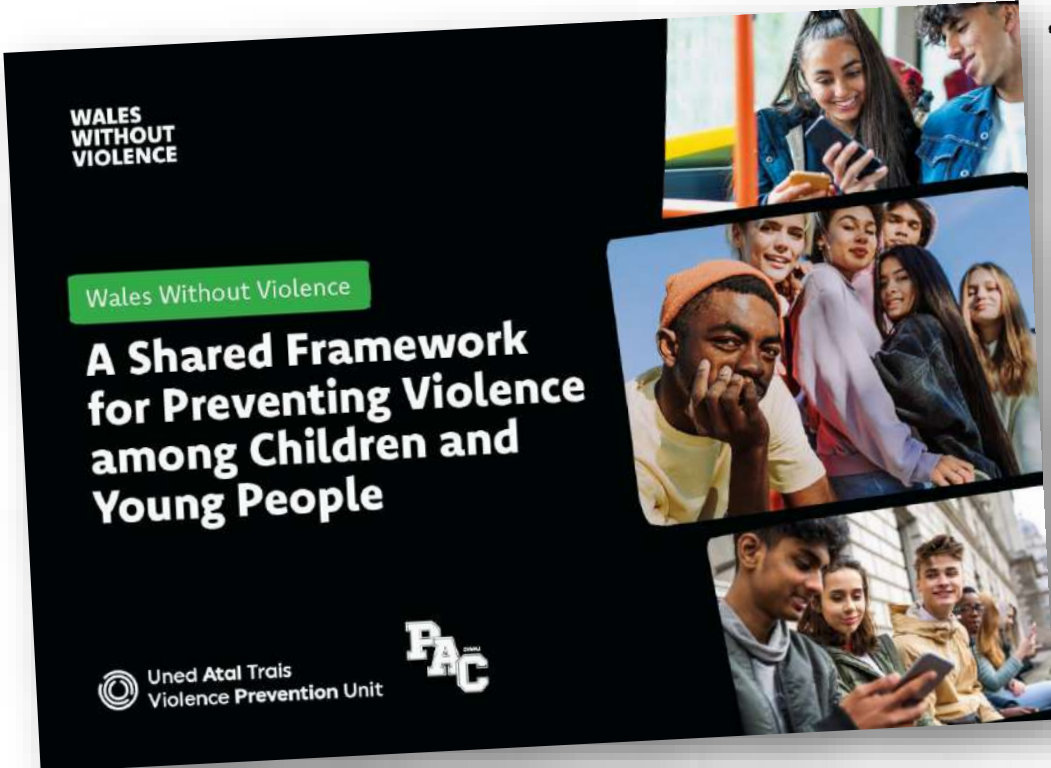
Social media

# Nine strategies for Preventing Violence among Children and Young People





# Resources to support the Wales Without Violence Framework



# What would a Wales Without Violence be like for Children and Young People?

*I would be happier.*

*I would leave the house more often.*

*I would feel safe to go out at night.*

*Our lives would be more enjoyable*

*Children and young people would feel free to express themselves.*

*People would be more accepting of others.*

*We would have a happier and healthier society.*

*People would live in harmony*

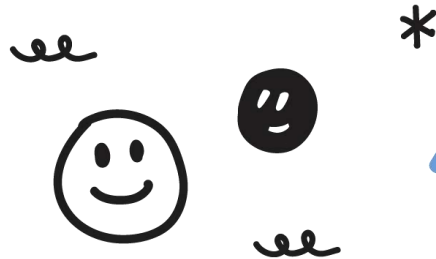
*I would be less stressed and less fearful.*

*There would be peace. My mind would be at peace.*

*People would have fewer mental health problems.*

*I would have less anxiety*

*Children and young people's lives would be more enjoyable.*





**WALES  
WITHOUT  
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**Diolch!**



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Violence Prevention Unit**

